

CIRCULAR NO. 138/2023

DATE: 21 DECEMBER 2023

Press Statement from MOH Relating to The Current Situation of Covid-19 In Malaysia 138/2023

Reference is made to the [Ministry of Health's \(MOH\) PRESS STATEMENT](#) dated 18 December 2023.

MOH would like to alert the public that Malaysia is currently facing a sudden increase in Covid-19 cases. MOH hopes that this situation can be dealt with without having to repeat the Movement Control Order (MCO) to curb the spread of the virus.

MPMA advises members to take note of the following preventive measures outlined by MOH, and take all efforts to contain the spread of the Covid-19 virus.

- i. Avoid 3S: Avoid crowded (sesak), narrow (sempit) areas and close distance chats (seimbang).
- ii. Practice the 3W's of Wash, Wear and Warn.
- iii. The use of a face mask is strongly encouraged. Always wear a face mask in closed public areas.
- iv. Always maintain a high level of personal hygiene by frequently washing your hands using water and soap or sanitiser.
- v. Immediately visit a doctor for an examination to get further treatment if symptoms worsen.
- vi. Encouraging taking additional doses of the Covid-19 vaccine, especially for the high-risk groups.
- vii. For those with symptoms, they are encouraged to self-assess their health and are advised not to enter any crowded areas.
- viii. Obtain Paxlovid antiviral treatment at the nearest Health Clinic or private medical practitioner for individuals tested positive for Covid-19 and those in the high-risk category.

Thank you.

MALAYSIAN PLASTICS MANUFACTURERS ASSOCIATION

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