

CIRCULAR NO. 5/2022

DATE: 17 JANUARY 2022

COVID-19 SOP UPDATES FROM THE GOVERNMENT

Reference is made to the [PRESS RELEASE BY YB TUAN KHAIRY JAMALUDDIN, MINISTER OF HEALTH](#) dated 15 January 2022.

Highlights are as follows:

The following are the changes for the isolation procedures effective **16 January 2022**. The isolation procedures applies to Covid-19 positive cases and close contacts of positive cases.

1. For individuals with Covid-19 positive cases:

- **Seven days** of self-isolation for individuals that are fully vaccinated and asymptomatic.
- **Ten days** of self-isolation for individuals (not vaccinated/incomplete/symptomatic cases).
- * A health assessment will be made before discharge can be granted.

2. For individuals that are in close contact with Covid-19 positive cases:

- **Five days** for individuals (received booster dose).
- **Seven days** for individuals (not vaccinated/incomplete/fully vaccinated),
- Self-test results must be entered into MySejahtera.
- Undergo RTK-Ag testing on the 5th and 7th day of quarantine.

Thank you.

SUJATA ALBERT
Executive Director